

#### **COLLEGE OF HORTICULTURE**

Anand Agricultural University Anand-388 110

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/ 2024

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No. AAU/COH/ 520

Dt. 12/07/2024

# To Whom It May Concern

This is to certify that the NSS volunteers of College of Horticulture, Anand Agricultural University, Anand actively participated in various activities during the academic year 2022-23. The details of their participation are as follows:

Sr. No	Activity	Date	SC		ST		OBC		General		Total		Grand Total
			M	F	M	F	M	F	M	F	M	F	
1	Thalassemia awareness programme and test	16.07.2022	1	0	2	3	0	5	21	18	25	26	51
2	Yoga campaign	30.07.2022	1	1	2	3	4	5	21	18	28	27	56
3	Planation Programme	03.08.2022	1	3	5	3	8	6	21	18	36	31	66
4	Plastic free campaign	17.08.2022	1	0	2	3	8	6	21	18	33	27	60
5	Run for Unity	31.10.2022	3	2	5	7	10	14	34	22	55	45	100
6	Clean India and Green India	05.11.2022	. 1	0	2	3	4	5	21	18	29	26	55
7	Awareness on Thalassemia and test	21.01.2023	1	1	5	3	8	6	21	18	36	28	64

(N. I. Shah)



# NATIONAL SERVICE SCHEME COLLEGE OF HORTICULTURE ANAND AGRICUITURAL UNIVERSITY, ANAND-388 110



NSS volunteers of College of Horticulture, AAU, Anand participated in activities during the 2022-23.

# 1. Thalassemia awareness programme and test

An awareness programme on Thalassemia was successfully organized by National Service Scheme, College of Horticulture, AAU, Anand in collaboration with Indian Red Cross Society, Ahmedabad on 16th July, 2022. In this programme short movie on Thalassemia was display by Red Cross Society and lecture was also delivered on thalassemia. Total 51 volunteers of college gave their blood samples for Thalassemia test.

# "Prevention is better than cure"

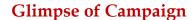
# Glimpse of Thalassemia awareness programme





# 2. Yoga Campaign

On July 30th, 2022, the National Service Scheme (NSS) at the College of Horticulture, AAU, Anand successfully organized an awareness program on yoga. The program was aimed at promoting the practice of yoga among the participants, create awareness about the benefits of yoga for physical and mental health and to encourage participants to incorporate yoga into their daily routine. A total of 56 college volunteers enthusiastically participated in this program and actively performed various yoga postures.







# 3. Plantation program

On August 3<sup>rd</sup>, 2022, the National Service Scheme (NSS) at the College of Horticulture, AAU, Anand, took a positive step towards environmental conservation by successfully organizing a program on plantation. The volunteers exhibited their dedication and zeal by planting a diverse range of plants, contributing to the greening of the campus and the surrounding areas. The event witnessed a high level of participation, with 66 college volunteers taking part in the program with enthusiasm and vigor.

#### Glimpse of Plantation program





# 4. Plastic free campaign

On 17th September, 2022, the NSS Cell of College of Horticulture at Anand Agricultural University, organized a significant initiative called "Plastic-Free Campus" to raise awareness about the importance of sustainable living. The event was attended by a total of 60 enthusiastic volunteers from the 3rd semester of COH, AAU, Anand, who were eager to contribute to the cause.

The program started with an oath-taking ceremony led by the NSS officer, Dr. Gita R. Chaudhari, where the volunteers pledged to actively participate in the plastic-free campaign. The program was inspired by the Swachhta Shapath, which is a nationwide cleanliness pledge, and aimed to make the campus cleaner and greener.

The energetic volunteers engaged in cleaning up the campus, farm, and surrounding roads by collecting plastic waste, paper waste, and other litter. The volunteers' efforts were commendable, and their hard work helped remove a considerable amount of plastic and other waste.

During the event, Principal, College of Horticulture, emphasized the importance of cleanliness and its significant impact on both physical well-being and the environment. The students were reminded that the cleanliness drive should not be limited to just one day, and they should take steps to ensure a sustainable and healthy environment continuously.

#### Glimpse of Plastic free campaign



# 5. Run for Unity Programme

National Unity Day, also known as Rashtriya Ekta Diwas, is an annual celebration in India that takes place on October 31st. This day marks the birth anniversary of Sardar Vallabhbhai Patel, a towering figure in Indian politics and the country's first Home Minister. He earned the moniker "Iron Man" for his unwavering commitment to the unity and integrity of India. He played a pivotal role in the country's history by persuading several princely states to join the newly formed Union of India after independence. His vision and leadership were instrumental in forging a strong and unified India.

To commemorate the 143rd birth anniversary of Sardar Patel, various events and activities are organized across the country. One such event was the "Run for Unity" organized by the NSS cell of College of Horticulture, AAU, Anand on November 5th,

2022. At the outset of the event, a total of 100 NSS volunteers, took an oath to preserve the unity, integrity, and security of the nation in the spirit of unification of the country. The primary objective of this event was to raise awareness among people about the importance of staying together and working towards uplifting society.

# **Glimpse of Run for Unity**













#### 6. Clean India and Green India

On November 5<sup>th</sup>, 2022, the NSS Cell at the College of Horticulture, Anand Agricultural University, Anand, organized, a campaign dedicated to cleaning and greening India. This initiative aimed to raise awareness about the importance of maintaining a clean and healthy environment by encouraging volunteers to take an active role in preserving and protecting our natural resources. Total 55 volunteers have participated in this campaign. The campaign was a step towards building a cleaner and greener India, with a focus on waste management. The volunteers, including students and teachers, enthusiastically participated in the event.

Glimpse of Clean India and Green India







The program was successful in raising awareness among the volunteers about the proper management and control measures that can be taken to minimize the spread of the Parthenium weed.

# 7. Thalassemia Awareness Programme and Test

On the 21st of January, 2023, an informative and impactful awareness program on Thalassemia was jointly organized by the National Service Scheme (NSS) and the Indian Red Cross Society in collaboration with the College of Horticulture at AAU, Anand. The event was a resounding success and aimed to educate individuals about the importance of Thalassemia prevention and treatment.

The Indian Red Cross Society contributed to the event by displaying a short movie on Thalassemia, which effectively conveyed the risks and dangers associated with the condition. Additionally, a lecture on Thalassemia was delivered to further enlighten attendees about the disease and its effects.

The NSS volunteers played a significant role in the success of the event. A total of 64 first-year students volunteered to participate and contribute to the cause by giving their blood samples for Thalassemia testing.

## Glimpse of Thalassemia Awareness





# COLLEGE OF HORTICULTURE ANAND AGRICULTURAL UNIVERSITY



### AAU, ANAND

#### **REPORT**

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#### Three Day's Personality Development Workshop

Three day's Personality Development Workshop at College of Horticulture was jointly organized by Training and Placement Cell of College of Horticulture, Anand Agricultural University, Anand and SHURUD: Counselling and Coaching Life skills, Vadodara during 20<sup>th</sup> to 22<sup>nd</sup> December 2023.

In three days' work shop various topics were covered, such as Building of self-confidence, Resume writing, dressing etiquettes for interview, E-mail etiquettes, Skills for group discussion, Communication skills, Mock interviews, Public speaking, Tips to face interview, Presentation skills, Advance communication skills, Interpersonal skills, Ice breaking activities etc. At the end of each day summarizing and concluding session were also conducted.

#### Day 1st: 20th December, 2023

Workshop was started with welcome addressed by Dr. A. H. Barad, lighting of lamp as well as introductory speech by the facilitator Ms..Nitu Singh Bhadhouria: Career Counselling Expert and hypnotherapist from Vadodara. Presidential addressed given by Dr. N. I. Shah, Principal and Dean. During the inaugural function all the faculties members and 58 student participated remain present.





First session started with an ice breaking activity similar to musical chair which was arranged to make us understand the importance of listening in communication which also taught us how we can avoid misunderstandings by just listening and understanding the things opposite person is trying to speak. Later the session was arranged about self confidence in

which we were taught importance and power of self-confidence; also we learnt various ways to be self-confident.





In noon resume writing session was arranged in which we were taught about the importance of good resume and interview questions based on resume, than we were taught about how we can make an effective resume.

Next we were divided into groups of 4 and mock interviews were conducted which was great experience that helped us to grow our communication skills.

#### Day <sup>2nd</sup>: 21<sup>st</sup> December, 2023

The session started with activity which taught us about presentation skills exactly after that a session about presentation skills was arranged in which we learnt about body language, facial expressions and gestures which play very important role in presentation.

Next session was about email etiquette which was really knowledgeable and we learnt many new things about writing an email to someone especially how to address someone in an email.





Afternoon session started with the practice of pranayama and was continued by group discussion skills and activity related to group discussion in which we learnt different group discussion skills and also did group discussions with our classmates which was really fun along with learning.

#### Day 3<sup>rd</sup>: 22<sup>nd</sup> December, 2023

The day started with mock interviews along with resumes. Student were divided into groups to conduct interview along with questions based on resume of candidate. Mam personally visited all the groups and gave feedback which was very beneficial for growth of individual.

Next again a group discussion session was arranged but with different topics so that we can practice group discussions and gain confidence and experience. Q/A session was arranged in which all our doubts were cleared and at last the workshop was ended by activity were all the students were asked to greet each other and start communication which taught us how we can improve our communication skills or how can we start any conversation.





At the end certificate distribution and feedback session was arranged in which students and facilitator shared their experience and certificates were distributed. Workshop was ended with vote of thanks by Dr. Geeta R. Chaudhri .





# General feedback given by students:

- 1. Increase the training period.
- 2. Addition of different activities for self-confidence, stage fear etc.

# Participated student's category list

Sr. No	Category	Participated Students			
1	GENERAL	23			
2	SEBC	26			
3	SC/ST	09			
Total P	articipated students	58			