



**Students' Representative Council
B. A. College of Agriculture
Anand Agricultural University
Anand- 388 110**



**Guest lecture organized on
“Indigenous food for health and well-being: A Global perspective”
at B. A. College of Agriculture, AAU, Anand**

A guest lecture on “Indigenous Food for Health and Well-being: A Global Perspective” was successfully organized at the Examination Hall, B. A. College of Agriculture (BACA), Anand Agricultural University (AAU), Anand, by the Student Representative Council (SRC) under the chairmanship of Dr. S. R. Patel, Principal and Dean, BACA, on 30 January 2026. The programme commenced with a warm welcome address by Dr. Jigar Mistry, SRC member, who also highlighted the academic achievements and professional expertise of the guest speaker. In his introductory remarks, Dr. S. R. Patel emphasized the significance of indigenous foods in promoting health and well-being and encouraged students and faculty members to adopt indigenous food practices in their daily lives.

The speaker of the event was Dr. Shailesh Shukla, alumnus of BACA and Associate Professor, Department of Indigenous Studies, University of Winnipeg, Canada. In his lecture, Dr. Shukla highlighted that indigenous food systems have immense potential to improve health outcomes while preserving cultural heritage and biodiversity. He emphasized that respecting and revitalizing these food systems supports not only physical nutrition but also community resilience, ecological stewardship, and cultural continuity, making them a global priority for sustainable well-being. He also discussed the nutritional and health benefits of millets, describing them as nutrient-dense, disease-preventive, and health-promoting foods. He stressed that regular inclusion of millets such as ragi, bajra, jowar, foxtail millet, and little millet in daily diets can significantly enhance overall health and well-being.

The programme was graced by the presence of Dr. S. R. Patel, Principal and Dean, BACA; Dr. P. M. Patel, Chairman, SRC; Dr. Sunil Macwan, Department of Plant Physiology; esteemed SRC members, postgraduate students, and undergraduate final-year students of BACA. The event concluded with closing remarks and a sincere vote of thanks proposed by Dr. Jigar Mistry, SRC member, acknowledging the efforts and contributions of all those involved in the successful organization of the programme.

GLIMPSES OF PROGRAMME

